

| | | Freshmen | | | |
|-------|----------------------------|----------|---------|-------------------------------|---------|
| | | Boys | | | Girls |
| Place | Name (Course) | | Time | Name (Course) | Time |
| 1 | Eli Corn (Rockmart) | | 17:06.3 | Taylor Hutson (WOP) | 21:04.4 |
| 2 | Trevor Robinson (WOP) | | 17:34.8 | Leah Sikorski (Carrollton) | 21:18.9 |
| 3 | Josh Mallory (WOP) | | 17:52.8 | Sara Reddington (Carrollton) | 21:19.4 |
| 4 | Atticus Corn (McAlpine | | 17:53.4 | Caroline Basch (Carrollton) | 21:35.3 |
| 5 | Ben Harrison (Carrollton) | | 18:05.1 | Jasmine Weber (Carrollton) | 21:53.0 |
| 6 | Ollie Corn (Roper Park v3) | | 18:06.6 | Kat Sweeney (Woodland HS) | 21:55.7 |
| 7 | Tyler Heard (WOP) | | 18:06.8 | Grace Wooley (WOP) | 22:13.1 |
| 8 | Lucas Long (Roper Park v3) | | 18:09.2 | Danielle Heald (Cobb Co Corp) | 22:14.0 |
| 9 | Dillon Curtis (WOP) | | 18:25.3 | Dresden Jolly (Rome All Area) | 22:19.2 |
| 10 | Owen Senecal (Woodland HS) | | 18:35.3 | Lauren Gramling (Woodland HS) | 22:20.1 |